

February 2, 2026

## Safety Brief

**CREST**  
INSURANCE GROUP

# How to Beat Blind Spots

Make this complex issue simple for your new driver.



New Drivers have a lot of driving lessons to tackle, but one of the hardest to grasp is the blind spot.

Though experienced drivers might be used to them, new drivers may be shocked by the idea that a person or vehicle just a few feet away could be nearly invisible. That disbelief is a roadblock to your teen's driving progress, and one that could increase his or her crash risk.

Here are some tips for introducing your new driver to blind spots and overcoming them to stay safe.

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## 1. Understanding blind spots

Blind spots may sound complicated, but they are essentially any areas around a vehicle that a driver cannot easily see. Typically, these are the edges just behind and to the side of the vehicle, but they can show up anywhere a driver's vision is blocked. Though mirrors can help shrink your drivers blind spots, they aren't a perfect solution. That's why it's important for your new driver to understand how dangerous blind spots are, and learn to defeat them.

## 2. Beating blind spots

Once your driver sees how blind spots work, teach him or her how to overcome them. The first step is properly adjusting the vehicle's mirrors to get the widest possible view. To achieve this, have your driver lean forward in the driver's seat, turn to the left, and adjust the driver's side mirror until he or she can just barely see the side of the vehicle. Do the same on the right side and then, when checking the mirrors, your teen can lean forward slightly to get a much wider view. While this helps, your driver should always turn to look over his or her shoulders to confirm the blind spots are empty.

Technology like blind spot monitoring can also help, but it can never replace your employee as the driver. Whether your driver is turning, merging or backing up, he or she should regularly check the vehicle's blind spots for vehicles, pedestrians and other road users. In fact, it's a good habit to check every few seconds to stay aware of upcoming vehicles and potential hazards. The more information your driver has about the surrounding traffic, the better decisions he or she can make.

## 3. Staying clear of blind spots

In addition to knowing the vehicle's blind spots, your teen also has to learn to stay clear of the blind spots of other drivers. This is particularly important with large trucks, which have much bigger blind spots than normal vehicles. While driving, have your driver point out when you might be invisible to another driver, and take action to stay safe.

Practice this lesson every time your driver gets behind the wheel, and soon it will become second nature for your new driver.

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This form documents that the training specified above was presented to the listed participants. By signing below, each participant acknowledges receiving this training.

Organization: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer: \_\_\_\_\_ Trainer's Signature: \_\_\_\_\_

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